

TRANSFORMATION CORNWALL[†]

Strengthening Faith Based Social Action in Cornwall



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Update on Cornish Foodbanks

4th December 2020

Foodbanks across Cornwall need supplies of all tinned, dried or long-life food items - with a typical food parcel including: Breakfast cereal, long-life milk, soup, pasta, rice, pasta sauce, tinned beans, tinned meat, tinned vegetables, tinned fruit, tinned puddings, tea or coffee, sugar, biscuits and snacks. Many of the foodbanks also collect: Baby food, baby milk, disposable nappies, washing up liquid, Washing Powder, soap, Dry Dog Food, canned Dog Food and canned Cat Food.

The way each Cornish foodbank runs is very unique, depending on volunteers, the building they operate, their capacity, their community and their opening times. If you would like to donate and support your local foodbank, we have included links to some of the foodbanks below; we have purposely included references to their Facebook pages where possible. If you could help your foodbank by looking at their Facebook posts before contacting them, that would be super helpful as these often have the most up to date answers to many queries. Facebook posts often also have details of any financial donation appeals individual foodbanks are running, or for some foodbanks with websites, there is often a direct link to donate money to them.

PLEASE NOTE: The mission of Foodbanks is to give out food parcels to people in need. Customers can access foodbanks with a food voucher. Many of the Foodbanks are now operating an e-voucher system but please check how your local Foodbank is operating.

There are many wonderful community food projects that people without Foodbank vouchers can access and, in many cases, this may be more appropriate.

We try to make sure that this list is correct at the day of publishing, we will be updating some info from individual foodbanks as it comes in, but **PLEASE always get the latest information from that foodbank directly**. Our list is not exhaustive, there are other foodbanks in local communities across Cornwall and we would urge you to support any foodbank that you know of that is local to you.

Where available we have listed details for the foodbanks:

1. Opening times/referral procedures
2. Details for food donations
3. Local supermarket drop off points
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Bodmin Foodbank

About

Bodmin Foodbank is a 'satellite' Foodbank of the Foodbank in Wadebridge (run by the same people).

We heard from the great team at Bodmin Foodbank on the 3rd December that the information below is correct.

Facebook

www.facebook.com/WadebridgeFoodbankStoreHouse

Website

<https://www.wadebridgefoodbank.org>

Phone number 01208 815374

Opening times/referral procedures

Bodmin Foodbank is open for pre-arranged collections at the Bodmin Christian Fellowship, Berrycoombe Road, Bodmin, PL31 2NS. Our volunteers will call you on the day to arrange a time slot between 1:00-3:00pm on a Monday and Wednesday.

If anyone needs to be referred to our Foodbanks, they can request an online referral to us via a professional organisation, including the doctors, schools, Citizens Advice, health visitors or a full list of agencies is here: <https://www.wadebridgefoodbank.org/covid-19/>

Details for food donations

If you wish to make a food donation, please leave this in one of our supermarket collection boxes (listed under Wadebridge Foodbank & StoreHouse) or there will be a trolley outside our Wadebridge hub. If you need access to the Foodbank to deliver a large donation, please telephone 01208 815374 first.

Local supermarket drop off points

Bodmin Foodbank shares donation collection boxes in supermarkets with the Wadebridge Foodbank & StoreHouse (please see Wadebridge listing for where they are).

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at: www.wadebridgefoodbank.org/give-help/donate-money

Christmas 2020 requests

Again, it is the same request as Wadebridge Foodbank & StoreHouse: 'This month, we're gearing up for Christmas, and will be prepping hundreds of Christmas boxes to help local people in crisis need celebrate the festive season with dignity and hope. If you'd like to help, you can donate here: <https://www.give.net/20297446> Alternatively, we are looking for any donations of Christmas items for our festive food boxes, including mince pies, Christmas pudding, sweets etc.'

Other

If you are a referral agency, please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

If you would like to volunteer: please call our Wadebridge office.

Our current office hours at Wadebridge Foodbank & StoreHouse are: Mon-Thurs 10am-1pm.

Bude Foodbank

About

Bude Foodbank is a charity set up to support people in Bude and the surrounding area. They deliver food parcels and other basic supplies, as well as providing advice and emotional support.

Information about Bude foodbank was taken from their Facebook page on the 17th of March.

Facebook

www.facebook.com/FoodBankBude

Website

<https://www.budefoodbank.org.uk/>

Phone number

01288 488748

Opening times/referral procedures

Bude Foodbank will be used as a warehouse to distribute food items. If you are eligible for our services:

1. Phone for Appointment on 01288 488748 and leave a message if unanswered and we'll get back to you or email us at info@budefoodbank.org.uk
2. We will then deliver food to your home (subject to food availability and eligibility).

Details for food donations

Unfortunately, we are not accepting donations of food at the moment. If you'd like to donate money, please do so at <https://www.budefoodbank.org.uk/donate/>

Local supermarket drop off points

Same as above.

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at:

<https://www.budefoodbank.org.uk/donate/>

Christmas 2020 requests

On the 25th November, Bude Foodbank launched their 'A brighter Christmas' Appeal. Their Facebook post has: Over 300 families like Freya's within Bude need our help right now. We've seen a shocking increase in demand for food support these last few months - and it's getting tougher. We need to raise £15k over Christmas so that we can help more families like Freya's. Come on Bude - we can do this! Donate now at www.budefoodbank.org.uk/donate/

Other

The great team at Bude Foodbank have some great videos on their Facebook page, keeping people updated with how they work, how to donate and giving thanks to the community for their donations.

Callington Foodbank

About

Callington foodbank is a project founded by local churches and community groups, working together towards stopping hunger in our local area. The Foodbank is well supported by the generous people in their community.

We heard from the great team at Callington on the 26th November that this information is correct.

Facebook

<https://www.facebook.com/groups/351900558197014/>

Website

<https://callington.foodbank.org.uk/>

Phone number

07931 011459

Opening times/referral procedures

Callington Foodbank is open Mon, Wed and Fri 2pm-4pm. Clients are being served pre-packed parcels at the door.

Details for food donations

Please donate via the Tesco supermarket (details below) only.

Local supermarket drop off points

- Tesco, Tavistock Road, Callington, PL17 7RD

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at:

<http://www.callington.foodbank.org.uk/give-help/donate-money>

Christmas 2020 requests

The team are collecting donations of Christmas food items, please donate in store at Tesco in Callington.

Other

Address: 1 Launceston Road, Callington, Cornwall, PL17 7BS.

Camelford Foodbank

About

Camelford foodbank is a 'satellite' Foodbank of the Foodbank in Wadebridge (run by the same people).

We heard from the great team at Camelford on the 27th November that the below information is correct.

Facebook

www.facebook.com/WadebridgeFoodbankStoreHouse

Website

<https://www.wadebridgefoodbank.org/locations>

Phone number

01208 815374

Opening times/referral procedures

Camelford Foodbank is open for pre-arranged collections at the Grow Centre, 14a Market Place, Camelford, PL32 9PB on a Wednesday from 12pm-2pm and Friday 10am-12pm.

If anyone needs to be referred to our Foodbanks, they can request an online referral to us via a professional organisation, including the doctors, schools, Citizens Advice, health visitors. A full list of referral agencies is available here:

<https://www.wadebridgefoodbank.org/covid-19/>

Details for food donations

There will be a trolley outside our Wadebridge hub - Wadebridge Foodbank & Store House, 4 Eddystone Road, Wadebridge, Cornwall PL27 7AL. If you need access to the Foodbank to deliver a large donation, please telephone 01208 815374 first

Local supermarket drop off points

Camelford Foodbank shares donation collection boxes in supermarkets with the Wadebridge Foodbank (please see supermarket list under Wadebridge Foodbank for where they are).

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at:

<http://www.wadebridgefoodbank.org/give-help/donate-money>

Christmas 2020 requests

Camelford Foodbank are collecting Christmassy food items for Christmas hampers to include with foodboxes.

Other

If you are a referral agency, please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

If you would like to volunteer: please call our Wadebridge office.

Our current office hours at Wadebridge Foodbank are: Mon-Thurs 10am-1pm.

Churches Together in Penzance Area (CTIPA) Foodbank

About

The CTIPA foodbank aims to provide food for those in our community who find themselves in financial crisis.

We heard from the great team at CTIPA Foodbank on the 3rd December.

Website <http://www.churchestogetherinpenzance.co.uk/>

Phone number 07950 159841 (Emergency)

Opening times/referral procedures

We are not serving clients at the store as we are doing deliveries. We are now only making deliveries to clients on Mondays, Wednesdays, Thursdays & Fridays.

Customers need a voucher from one of many agencies to receive food and our remit is for them to be in financial crisis. Most agencies where vouchers are supplied are closed, with staff working from home, so clients need to contact them & the agency worker informs us by email to whom they have approved vouchers. If they cannot raise the agency staff, they can phone our emergency number (above) for assistance.

Details for food donations

Priority needs on the 3rd Dec are regular food donations, tins of fruit, veg & meat meals.

Open for receiving food donations Tuesdays 9 – 11am at The Store, Treweath Road, Treneere Estate, Penzance, TR18 3PZ.

Local supermarket drop off points

- Morrison's Eastern Way Long Rock, Penzance TR18 3R
- Tesco at Eastern Green Branwell Lane, Penzance, TR18 3DU
- Thornes Fruiters at Long Rock
- Thornes Fruiters at 66 Causewayhead, Penzance TR18 2SR
- Coop Stores at Western Promenade Road, Penzance TR18 4NP
- Coop in Market 114-117 Market Jew Street, Penzance TR18 2LD
- Goldsithney Village Stores, Fore Street, Goldsithney, Penzance. TR20 9HA.
- **Lidl Penzance**, Western Promenade, Penzance. TR18 4HG
- Also donation boxes in local shops in St Just, Pendeen, St Buryan, Crowlas, Marazion & Rosudgeon.

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at:

<https://www.churchestogetherinpenzance.co.uk/donationsgiftaid.htm>

Christmas 2020

We don't need Christmas puddings but welcome any other Christmas items, including savoury items such as Pringles.

CTIPA Foodbank plan to deliver on Monday, Tuesday & Wednesday of Christmas week & every day the previous week but clients will only receive 1 delivery during those 10 days, not 1 each week.

Other

The team have asked us to highlight that the collection box at Sainsbury's Eastern Green, Penzance is not a collection box for CTIPA Foodbank.

CPR Foodbank (Camborne, Pool, Redruth)

About

CPR Foodbank distributes food to those in need in the Camborne, Pool & Redruth area.

We heard from the fantastic team at CPR foodbank on the 12th November that the below was correct.

Facebook

<https://www.facebook.com/TransformationCPR>

Website <http://transformationcpr.org/>

Phone number 01209 719415

Opening times/referral procedures

We are operating our normal voucher system. Extra e-voucher system via isolated agents by transformationcpr@hotmail.co.uk

St Andrews Church Albany Rd Redruth: Mon 10.30-12

Centenary Methodist Church Camborne: Tues 1.30-3.30; Weds 5.30-6.30; Thurs 10-12; Fri 10.30-12

Home delivery to isolated customers by contacting 01209 719415.

Details for food donations

Food donations can be left when we are open at the above times/places. Also, Central Warehouse, Pool Industrial Estate, Wilson Way, Redruth TR15 3RX between 9-3 Monday to Thursday. This is situated behind Bombardingas (Children's soft play).

Local supermarket drop off points

- Tesco Redruth Tolgus Hill, Redruth TR15 1AX
- Tesco Camborne Wesley St, Camborne TR14 8DT
- Tesco Pool
- Morrisons Pool, Pool, Redruth TR15 3NH
- Tehidy Road Post Office, 30 Tehidy Road, Camborne, Cornwall, TR14 8TG

Details for financial donations

Bank: HSBC

Account: Transformation CPR

Sort Code: 401606

Account number: 21425226

Christmas 2020 requests

CPR Foodbank are currently asking for tinned ham, tinned custard and Christmas puddings.

Other

CPR Foodbank have had an amazing response to Don's part in the recent Simon Reeve TV programme about Cornwall. The team have set up a Crowdfunder page for donations:

<https://www.crowdfunder.co.uk/cpr>

They have also asked us to highlight: 'Will all referral agents please note that in extreme cases we are removing the qualification criteria'

Falmouth Salvation Army Church and Community Centre Foodbank

About

The Falmouth Salvation Army Church and Community Centre Foodbank give access to emergency food provisions to those in need in the Falmouth area.

The great team at Falmouth Salvation Army Church and Community Centre Foodbank keep us regularly updated.

Facebook

<https://www.facebook.com/FalmouthSalvationArmyChurch>

Website

<https://www.salvationarmy.org.uk/falmouth>

Phone number 01326 315272

Opening times/referral procedures

Falmouth Salvation Army Church and Community Centre Foodbanks is open to customers Tuesdays & Thursdays 11am to 1pm at the Falmouth Salvation Army Church and Community Centre Brook Street, Falmouth, TR11 3RJ.

The team also offer a take away hot food service for people without access to cooking facilities. The hot food take-away is open at the same time as the Foodbank - 11am to 1pm, on Tuesdays & Thursdays at the Falmouth Salvation Army Church and Community Centre Brook Street, Falmouth, TR11 3RJ

Details for food donations

You can drop any donations into the Foodbank when the team are open as above.

Local supermarket drop off points

As above.

Details for financial donations

If you would like to donate money to the food bank at this time, you can do so at:

<https://www.justgiving.com/fundraising/Falmouth-Salvation-Army>

Christmas 2020

Falmouth Salvation Army Church and Community Centre have a Christmas Just Giving page <https://www.justgiving.com/.../falmouth-the-salvation-army> 'to support their work in the local community. They will once again be working in partnership with the local Children's Centre to ensure that every child in need in the local community will be given a new toy this Christmas. The team also continue to serve our friends in the homeless community with hot meals and provisions as necessary.

Please can we ask you to consider making a donation, however small because this will have a big impact on families in the local community to ensure that everyone is able to celebrate this Christmas!

Other

Falmouth Salvation Army Church and Community Centre do some great Facebook posts with details of their current work, prayer requests, introductions to some of their church members and an invitation to their popular Sunday service.

Hayle Foodbank

About

Hayle Foodbank was set up in 2012 by volunteers: members of Churches Together and the Labour Party. The foodbank relies on support from the local community through donations of food items, financial gifts and volunteer time. All the supplies in the foodbank store are either donated by the local community: churches, supermarket collections, schools, individuals, and businesses, or purchased using cash donations. People referred receive a voucher entitling them to 3 x 1-week supply of food.

We heard from the lovely team at Hayle on the 26th November that the below was correct:

Facebook <https://www.facebook.com/Hayle-Foodbank-506805902676744/>

Website <https://haylemethodist.co.uk/about-us/hayle-foodbank/>

Phone number N/A

Opening times/referral procedures

To receive a food parcel delivery from Hayle food bank you must:

- Have a voucher from your Doctor; children's School; Social Worker or similar.
- Or be referred to us by an Agency known to us
- During COVID 19 you can self-refer for 6 weeks
- E-mail your request to Haylefoodbank@yahoo.co.uk by 12 am on the Friday prior to the Saturday delivery
- You can get 6 parcels within one 12 rolling month period
- The parcel will be delivered between 10am and 12.30 on Saturdays, please be at your address to receive it.

In an emergency, we can make an exception but we will need proof of the exceptional circumstances to go beyond 6 parcels in a rolling year. For example a Universal Credit letter showing that payment will be delayed or a letter from a health visitor. We cannot accept self-referrals beyond 6 weeks

We are a volunteer organisation and our help is intended to be short-term to help in a crisis. If you are isolating due to Covid 19 and cannot get out to shop then please call **Volunteer Cornwall on 01872 265300** because our assistance is aimed at financial hardship and we are run by a small group of volunteers. We cannot take on long-term support but we can signpost you to other agencies who can help you.

Details for food donations

Food donations can be dropped at the foodbank on a Sat morning 9.30 - 10.30 at Hayle Methodist Church, Chapel Hill, Hayle TR27 4JU.

Local supermarket drop off points

- ASDA supermarket Hayle: 1 South Quay, Hayle TR27 4EP

Details for financial donations

Hayle Foodbank
Sort Code 30-13-88
Account number 18553660

Christmas 2020 requests

Other

Helston and The Lizard Foodbank

About

The Helston and the Lizard Foodbank distributes food to those in need in the Helston and The Lizard areas.

We heard from the great team at Helston and the Lizard on the 4th December that the below was correct.

Facebook

www.facebook.com/Helston-and-Lizard-Foodbank-1710422989188254

Website

<https://helstonthelizard.foodbank.org.uk/>

Phone number

01326 564 194

Opening times/referral procedures

If you need food and are unable to afford it, and live in the Helston & Lizard area, then we can issue food upon presentation of a foodbank voucher from one of our voucher referral agencies.

Referrals are made by GPs, the Job Centre, Social Workers, Citizens Advice Bureaux, Christians Against Poverty, Church Minsters, Family Hub, Health Visitors, Head Teachers, and other equivalent professions.

Some of these agencies may be closed with staff working from home during the Covid-19 virus situation. However, most will be able to issue foodbank vouchers electronically to help you access foodbank support. Please phone or email the agency most relevant to support you.

Although you will not be able to come into the Open-Door Cafe at the moment, we are still operating our foodbank.

Food can be collected upon presentation of a voucher at the foodbank in 14 Wendron Street, Helston, TR13 8PS (opening hours 10am to 2pm Mondays, Wednesdays & Fridays).

Please note we will not be open on any of the Bank Holidays, if you are making a specific journey to collect food please contact us first to confirm we are open.

Please ring the doorbell and wait to be greeted by one of our befrienders. If you wish to post your voucher through the Open-Door Cafe post box, then please remember to add your contact telephone number on the back of the voucher so that we can contact you to arrange collection.

If you have a foodbank voucher, but are not able to travel to the foodbank at this time, please contact us during foodbank opening hours (10am to 2pm Mondays, Wednesdays & Fridays) to request a delivery. Phone: 01326 564194

Email: info@helstonthelizard.foodbank.org.uk

Details for food donations

Priority items on 4th December are: tinned custard, tinned rice pudding, sponge puddings, tinned fruit, table sauces and mashed potato.

Anybody wishing to make food donations to our foodbank project, please use our collection points at the supermarkets below. We will not be able to accept any food donations at the Open-Door Cafe or our warehouse.

Local supermarket drop off points

- Helston Tesco, Clodgey Ln, Helston TR13 8PJ
- Helston Sainsbury's, Clodgey Lane, Helston TR13 8BN

If you wish to make a food donation but not able to travel at this time, then please contact us during foodbank opening hours (10am to 2pm Mondays, Wednesdays & Fridays).

Phone: 01326 564194 / Email: info@helstonhelizard.foodbank.org.uk

Details for financial donations

You can donate directly to support the work of Helston & The Lizard Foodbank:
www.helstonhelizard.foodbank.org.uk/give-help/donate-money

Christmas 2020 requests

The team are also planning this year's Christmas hampers and would be grateful for items to go into these, such as packets of bread sauce or stuffing mix, savoury biscuits, trifle mix, cranberry sauce, tinned ham or salmon and jars of pickles.

Other

Launceston Foodbank

About

The Launceston foodbank help people in time of crisis by providing 3-day food parcels when presented with a voucher obtained from one of our Referral Agencies.

We heard from the wonderful team at Launceston on the 26th November that the below was correct.

Facebook

<http://www.facebook.com/launceston.foodbank.7>

Website

<http://launceston.foodbank.org.uk/>

Phone number

01566 779550

Opening times/referral procedures

Mon to Weds 10-1 at Unit 13D Newport Industrial Estate Launceston, Cornwall PL15 8EX
Tel: 01566 779550

Details for food donations.

The team are collecting for Christmas food not only for their hampers but for extra items in their food parcels. Donations can be dropped at the foodbank during opening hours or via Local supermarket drop off points

Local supermarket drop off points

- Tesco Tavistock Rd, Launceston PL15 9HG
- Co-op Launceston, Newport Industrial Estate, Launceston, PL15 8EX
- Co-op Western Road, Launceston, PL15 7AU
- Co-op town centre, 12-14 Broad Street, Launceston, PL15 8AE

Details for financial donations

Cheques can be made payable to Launceston foodbank Ltd and sent to, Unit 13D Newport Industrial Estate, Launceston, PL15 8EX. Please contact us by phone or email to donate via a bank transfer or standing order.

www.launceston.foodbank.org.uk/give-help/donate-money

Christmas 2020 requests

The team are now collecting items of food for their Christmas hampers: items for a Christmas lunch and tea, plus a few treats. The Christmas food is not only for hampers but for extra items in our food parcels; these are tinned potatoes, tinned carrots, gravy, stuffing, chocolate, mince pies, savoury crackers.

Other

Launceston Foodbank posted on their Facebook where they posted: 'If you are being furloughed for the second time then please don't struggle to feed yourself or your family. Contact us on 01566 779550.'

Liskeard and Looe Foodbank

About

The Liskeard & Looe Foodbank was started in 2010 as a direct response to the poverty & deprivation witnessed in our towns & villages. It is part of the Trussell Trust national network.

The lovely team there let us know on the 3rd December that the below was correct:

Facebook <http://www.facebook.com/Liskeard-Looe-Foodbank-457428347704826>

Website <https://liskeardlooe.foodbank.org.uk/>

Phone number

07512 011452 (Mon-Fri 09.00-17.00) or email: liskeard.foodbank@gmail.com

Opening times/referral procedures

During the present crisis the foodbank is operating a 'Delivery Only' model where those referred to us will have emergency food aid dropped on their doorstep in the Liskeard, Looe, Torpoint & Rame areas.

It is important to ensure that people in the community who have no money to buy food for their families are pointed to agencies that provide help and advice to help them through this tough time.

Most agencies we work with are no longer able to provide face-to-face meetings; however, many are still contactable by phone or email. If you are unsure who to contact, we can provide signposting advice on: 07512 011452 (Mon-Fri 09.00-17.00).

Details for food donations

We're encouraging donors to use the Local supermarket drop off points (below) plus some of our local corner/village shops have donation points or donations can go to the Foodbank Monday, Wednesday and Friday mornings between 9.30 - 12.30 which will be open for food donations ONLY – Unit 1, Barras Place, Liskeard, PL14 6AX.

Priority needs on the 3rd Dec are: Fray Bentos pies (or similar), instant mash, sponge pudding, snack/treats, toilet rolls.

Local Supermarket drop off points

- Liskeard Co-op Barras Street, Liskeard, PL14 6AD
- Liskeard Morrisons, Horningtops, Plymouth Road, Liskeard PL14 3PR
- Looe Co-op Fore Street, Looe, PL13 1AD
- Torpoint Co-op
- Sainsburys, Antony Road, Torpoint PL11 2JW

Details for financial donations

You can donate directly to support the work of Liskeard and Looe Foodbank: <https://liskeardlooe.foodbank.org.uk/give-help/donate-money/>

Christmas 2020 requests

The team posted their Christmas Appeal on their Facebook page. They are asking for donations of tinned ham/chicken/turkey; Christmas pudding (large and small); Christmas snacks/treats; tinned salmon; custard; Christmas cake/Yule log; biscuits; gravy granules; cranberry sauce; selection boxes and small gifts.

Other

Newquay Foodbank

About

Newquay Food Bank is a volunteer led charity that supports families and individuals, who find themselves in food crisis.

We heard from the great team at Newquay on the 3rd December that the below was all correct:

Facebook

<http://www.facebook.com/Newquay-Foodbank-699984567032215>

Website

<http://www.newquayfoodbank.co.uk/>

Phone number / email

07810 271202 newquayfoodbank@gmail.com

Opening times/referral procedures

To access foodbank support, you must first obtain a referral voucher by contacting one of our recognised agencies, some of which are included below.

If you cannot get in touch with the relevant agency or not sure who to go to, please get in touch with us direct and we will refer you on as required or talk you through the next steps to access support.

We are currently operating a collection service. So, once you have your voucher, make your way to any of our sites where your voucher will be exchanged for a food parcel.

Tuesday: 10:00-12:00 - St Columba Church, St Columb Minor, TR7 3EY

Friday: 12:00-14:00 - St Michaels Church, Newquay, TR7 1RA

Saturday: 10:00-12:00 - Oasis Centre, St Columb Major, TR9 6RH

If you are desperate and need food straight away, we can give one box on self-referral basis; just attend the next Foodbank session. From there, we will refer you to an appropriate agency to best support you.

Referral Agencies: Adult Social Care; Citizens Advice Bureaux, Community Mental Health Team; Cornwall Housing; Disability Cornwall; DISC; Early Help Team; Health Visitors; Local Churches (Newquay Methodist, Newquay Church of England, Salvation Army); Pivotal; Probation Service; We Are With You (Used to be known as Addaction).

Details for food donations

Our priority needs on the 3rd December are: soap, toilet rolls, washing up liquid, tinned meat products, rice pudding, tinned fruit, tinned vegetables, tinned pies, tinned fruit (400 gms), breakfast cereals jelly and custard.

Preferably at local dropboxes in local supermarket drop off points but also during foodbank opening hours.

Local supermarket drop off points

- Newquay Morrisons Treloggan Road, Newquay TR7 2GZ
- Newquay Sainsburys The Whim, Alma Place, Newquay TR7 1NF
- Newquay Asda, Oakleigh Terrace, Newquay TR7 1RN
- Newquay Aldi Cliff Road, Newquay TR7 1SW
- Perranporth Co-Op Station Road, Perranporth, TR6 0DD

Details for financial donations

Christmas 2020

Newquay Foodbanks Christmas Giving project provides all households visiting the foodbank in December with our three day food parcel of long life foods, plus fresh fruit, vegetables, bread and eggs and additionally they will receive Christmas Chocolates, mince pies, fruit juice, yule logs, selection boxes, sage & onion stuffing, a bottle of fizzy drink a Christmas pudding and a gift voucher for a butchers shop.

Newquay Foodbank are open as normal except Christmas Day and Boxing Day , so that's
Tuesday 8th, 15th, 22nd and 29th 10-noon at St Columb Minor Church
Friday 4th, 11th, 18th at St Michaels Church noon -2pm
Saturday 5th, 12th, 19th at The Oasis Centre St Columb Major 10-noon
We open as usual on New Years Day - noon to 2pm at St Michaels Church Newquay

The Foodbank phone will be available for enquiries until 1pm on Christmas Eve and then again from Monday 28th at 9am.

Other

If you would like any further information whether that be to request support or offer it, please contact us on 0781 0271202.

Penryn and Falmouth Foodbank

About

Penryn and Falmouth Foodbank is a project founded by local churches and community groups, working together towards stopping hunger.

We heard from the super team at Penryn and Falmouth Foodbank team on the 3rd December that the below was correct.

Facebook

<http://www.facebook.com/penrynfalmouthfoodbank>

Website

<http://www.penrynfalmouth.foodbank.org.uk/>

Phone number

01326 618575

Opening times/referral procedures

We are open for clients on Mondays between 11am and 1pm and on Thursdays from 2pm until 4pm. We do not deliver at the moment, however there are other community groups who are delivering on our behalf if the need arises, we do not currently have an e-referral system.

Details for food donations

Priority needs on the 3rd December are: Fruit Squash, Shaving Foam, Toothbrushes, Dry Cat Food, Long Life Milk, Meat Soups and Rice Pudding.

Preferably, you can drop off items directly to us at the Foodbank Highway Community Centre, Church Road, Penryn, TR10 8DA on Mondays between 11am and 1pm and on Thursdays from 2pm until 4pm or when you are shopping in the supermarkets below please use our collection points.

Local supermarket drop off points

- Penryn Asda, Jennings Road, Penryn TR10 9LY (*ONLY PURCHASES BOUGHT IN STORE PLEASE*)
- Tesco Metro Falmouth, Killigrew St, Falmouth TR11 3PQ (*ONLY PURCHASES BOUGHT IN STORE PLEASE*)
- Natural Store Falmouth 5 Market Strand, Falmouth TR11 3DB
- Co-op Boslowick Mongleath Avenue, Falmouth TR11 4PN

Details for financial donations

<https://penrynfalmouth.foodbank.org.uk/give-help/donate-money/>

Christmas 2020:

The team are collecting items for their Christmas Food boxes. The following are typically the items that are in a Christmas Food Box, so any of the items off this list would be gratefully received: 2 x tins of meat, 1 x tin of potatoes, 1 x tin of sweetcorn/green veg, 1 x tin of carrots, 1 x jar of cranberry sauce, 1 x gravy granules, Stuffing, 1 x Christmas pudding, Mince Pies, 1 x Tin Custard or Tin Cream, 1 x Tin of Fruit, Packet of Christmassy biscuits, Box of chocolates, Packet of savoury nibbles, Christmas cake or chocolate log, Soft drink (no alcohol please).

FOODBANK UPDATE

Christmas and New Year Opening Hours are:

Mon 21st Dec - 11am-1pm

Wed 23rd Dec - 2pm-4pm

(No foodbank opening Thurs 24th and 31st and Mon 28th Dec)

Wed 30th Dec - 2pm-4pm

Return to normal hours on Mon 4th Jan - 11am-1pm

Other

Penryn and Falmouth Foodbank ask that 'all visitors to the foodbank **MUST** wear facemasks or face coverings for their own and our safety.'

St Austell Foodbank

About

St Austell foodbank is part of a national network of foodbanks, giving out nutritionally balanced emergency food to people in crisis who have nowhere else to turn.

We heard from the fabulous team at St Austell foodbank on the 2nd December that the below was correct:

Facebook

<https://www.facebook.com/foodbankstaustell>

Website

<https://staustell.foodbank.org.uk/>

Phone number

01726 65313

Opening times/referral procedures

St Austell Foodbank is open on Monday, Tuesday, Thursday and Friday from 1-3pm.

Anyone seeking assistance from the foodbank needs to obtain a voucher or an e-voucher code to present at the foodbank. This ensures further support is also available. There are a number of local agencies, which can provide vouchers, and these are some of the agencies we currently work with:

- St Austell Healthcare (All the GP practices are registered with us)
- STAK
- Schools/colleges
- Ocean Housing Welfare Officers
- We Are With You (formerly Addaction)
- Children's Social Care
- The Family Hub
- Health Visitors
- Probation Services

St Austell Foodbank COMMUNITY CHAMPIONS are currently working remotely but are able to offer free advice and practical assistance. Please call them on 07942 252922 or email cc@staustell.foodbank.org.uk

Address: Light and Life Church, Unit 4-5 Brunel Business Park, The Sidings, St Austell PL25 4TJ.

St Austell Foodbank also operate in:

- St Stephen: at St Stephen-in-Brannel Parish Church Fore Street PL26 7NN: Wednesday 11-1pm
- Roche: at Roche C P School, Fore Street, Roche PL26 8EP: Mondays, Wednesdays and Fridays 12.00 – 2.00pm

If you need help from the foodbank, the quickest way to reach us is by email: info@staustell.foodbank.org.uk We can then direct you to the most appropriate agency to give you a foodbank voucher.

For those in crisis and in need of a food parcel, the CAB can be called on 0808 2082138 for free (open Monday to Friday, 10am to 4pm). Alternatively, a trained Citizens Advice agent will confidentially discuss the situation and will, if needed, issue a food bank voucher code. This code can then be given to foodbank volunteers when we are open.

Details for food donations

Priority needs on the 2nd December are instant mash, instant coffee (small jars), tea bags (40s) and rice pudding. We are welcoming any Christmas items in particular.

Please use our dropboxes when you are shopping in supermarkets (see below) or drop to us direct at Light and Life Church during one of our Mon, Tues, Thurs or Fri afternoon sessions.

Local supermarket drop off points

- Asda St Austell, Cromwell Road, St Austell PL25 4PR
- Tesco St Austell Daniels Lane, St Austell PL25 3HT
- Coop Gover, Moorland Road, Westhill, St Austell, PL25 5BS

Details for financial donations

St Austell Foodbank have recently set up an online giving facility at:

<https://secure.nochex.com/charity/default.aspx?cid=2BB3A009B7A4>

Christmas 2020

St Austell Foodbanks are open their normal hours over Christmas/New Year except for the bank holidays.

For donations, St Austell Foodbank are welcoming any Christmas items in particular.

Other

St Ives Foodbank

About

St Ives foodbank provide food for people in crisis.

We heard directly from the wonderful team at St Ives on the 19th November that the below was correct.

Facebook

N/A

Website

N/A

Phone number

07958 390303

Opening times/referral procedures

During the COVID period, we are NOT open for people to come to the foodbank. We deliver all parcels to people's home. Please call or text this number 07958 390303 if you require Foodbank during this time. Deliveries on Thursdays, please text us your address and number of people in your household by Wednesday.

Details for food donations

Please text or call this number 07958 390303 for larger donations to be collected as most collection points apart from Tesco are closed to the public. If you text please give us your address and telephone number and a brief description of your donation.

Local supermarket drop off points

- Tesco Carbis Bay St Ives Rd, Carbis Bay, St Ives TR26 2PN

Details for financial donations

St Ives Foodbank have asked us to add: Hi Folks. As you can imagine demand has significantly increased due to self-isolation and job losses, and we are expecting high demand in the coming weeks. St Ives Foodbank desperately needs help with food donations to meet demand during this pandemic, and also financial donations, needed to buy milk, bread, fresh fruits and veg. Financial donations can be made by Online banking to:

Sort code: 544116

Account number: 46557563

Account name: St Ives Foodbank

Christmas 2020 requests

Other

Saltash Foodbank

About

Saltash Foodbank is part of the network of Foodbanks which is able to provide a food parcel for individuals or families at a time of crisis, such as benefit changes or delays, sickness, job loss.

We heard from the lovely team there on the 26th November saying that the below was correct:

Facebook

<http://www.facebook.com/Saltash-Foodbank-116182259934721>

Website

<http://saltash.foodbank.org.uk/>

Phone number

0800 328 2124

Opening times/referral procedures

We currently provide a delivery only service and cannot see people at our centre. Deliveries are made on the afternoons or early evenings on Mondays, Wednesdays and Fridays.

To receive a food parcel from us with 3 days of food for a balanced diet, please contact one of our referral agencies. This can be your school, health visitor, GPs, Early Help Hub (Family Hub), Young People Cornwall, Livewire, Job Centre (if on Universal Credit) or Citizens Advice*. As many do not do any face-to-face meetings, we accept email and phone referrals from these agencies. We will then contact you to see if there are any special requirements.

*Citizens Advice Tel 03444 111 444, another number is Citizens Advice National Foodbank referral phone number 0808 208 2138 or text ADVICE to 78866 and an advisor will call you back in 48 hours. If you need help with debt, then text DEBT to 78866.

Details for food donations

Please call freephone 0800 328 2124 if you wish to make a food donation and cannot take it to one of the locations below.

Local supermarket drop off points

- Waitrose, Tamar View, Saltash, PL12 6LD
- Co-op Food, 51-59 Fore St, Saltash PL12 6AL
- Tesco Superstore, Transit Way, Plymouth PL5 3TW
- Lidl, Gilston Rd, Saltash PL12 6TW

Details for financial donations

Monetary donations can be made at: www.saltash.foodbank.org.uk/give-help/donate-money

Christmas 2020 requests

Christmas requests include: chocolates and items that could be small gifts for men and teenage boys.

Other

Truro Foodbank

About

Truro Foodbank helps people in crisis in the Truro area by giving emergency food supplies. They are a Christian organisation which is part of the Trussell Trust Network.

We heard from the fabulous team at Truro Foodbank on 4th December that the below is correct.

Facebook

<https://www.facebook.com/TruroFoodbank/>

Website

<https://truro.foodbank.org.uk/>

Phone number

07721 711669 (9am-5pm Monday to Friday)

Opening times/referral procedures

FOOD DISTRIBUTION is at All Saints Church, Highertown, TR1 3LD Mon 3-5pm, Tues 10-12.00 and Thurs 10-12.30

If a customer has a voucher and needs food from Truro Foodbank advise them to PLEASE COME TO ALL SAINTS CHURCH DURING OUR DISTRIBUTION SESSION TIMES TO COLLECT IT. If a person cannot travel to us for whatever reason, we will allow a friend/relative/neighbour/other local volunteer to collect it for them as long as we know what arrangement has been made. If you are not sure who to ask, then call us on: 07721 711669 Mon-Fri 9am-5pm.

The advice to someone in food crisis in the Truro area is to phone or email a referral agency if you need a foodbank voucher. If you have a health concern and food is part of that assessment then both Three Spires and Lander practices can provide a foodbank voucher; if you want advice about benefits then the Citizens Advice Bureau can also create a voucher (ring 0808 2082138 for free Monday to Friday, 10am to 4pm or text ADVICE to 78866 for an adviser to call you).

Most schools in the Truro area know how to raise a foodbank voucher, as do other agencies such as We Are With You or NewStart. Vouchers can be created by email so whichever agency a customer needs for help should know how to create a voucher or email us.

Details for food donations

Priority needs on the 4th December are: long-life fruit juice (NOT from the chiller cabinet), washing up liquid, size 3,4,5 and 6 nappies.

RECEIVING DONATIONS: at All Saints Church, Highertown, TR1 3LD on Monday, Tuesday and Thursday mornings from 09:00 to 12:00 or Local supermarket drop off points (listed below).

Local supermarket drop off points

- Truro Tesco, Garras Wharf, TR1 2TN
- Truro Sainsbury's, Treyew Road, Truro TR1 3XL
- Truro Waitrose, Tregurra Park, Newquay Rd, Truro TR1 1RH
- Truro Co-op 26 Boscawn Street, Truro, TR1 2QQ

Details for financial donations

You can donate directly to support the work of Truro Foodbank:

www.truro.foodbank.org.uk/give-help/donate-money

Christmas 2020

Truro Foodbank will be distributing food to people with a voucher number from All Saints Church, Highertown Mondays 3-5, Tuesdays 10-12, Thursdays 10-12.30. Our last distribution session will be Christmas Eve Thursday 24th 10-12.30. The next one will be Monday 4th January 3-5pm. In between those dates anyone in food crisis living in the TR1 to TR6 postcode area can call the duty phone 07721 711669 between 9am to 5pm

Other

Truro Foodbank have posted on their Facebook: 'To protect our customers, staff and volunteers please wear a face covering and stay at least 2 metres apart. Please scan the QR code by the door to check in. Thanks for your cooperation'.

Wadebridge Foodbank and StoreHouse

About

Wadebridge foodbank help local people in crisis in Bodmin, Camelford, Padstow, Wadebridge & the surrounding rural areas.

We heard from the fantastic team at Wadebridge Foodbank on the 3rd December that the below was correct:

Facebook

<http://www.facebook.com/WadebridgeFoodbankStoreHouse>

Website

<https://www.wadebridgefoodbank.org/>

Phone number

01208 815374

Opening times/referral procedures

We are now operating a COLLECTION service from our Foodbanks: Our volunteers will contact the client on the day to arrange this. A time slot will be given so that social distancing is adhered to, this avoids everyone turning up at the same time and queuing up outside (especially with the weather changing).

Arranged collections at Wadebridge Foodbank & StoreHouse, 4 Eddystone Road, Wadebridge, Cornwall PL27 7AL will be when we are open, between Monday-Thursday 10am-1pm.

If anyone needs to be referred to our Foodbanks, they can request an online referral to us via a professional organisation, including the doctors, schools, Citizens Advice, health visitors etc a full list is available here; <https://www.wadebridgefoodbank.org/covid-19/>

Details for food donations

On the 3rd December, priority items are: Christmas items (eg. mince pies, Christmas pudding, sweets etc), tinned fish, tinned meat, long-life fruit juice, household cleaning products (no bleach please), toiletries (soap/deodorant/shampoo).

If you wish to make a food donation, please leave this in one of our supermarket collection boxes (list below). If you need access to the Foodbank to deliver a large donation, please telephone 01208 815374 first

Local supermarket drop off points

- Wadebridge Co-op, Jubilee Road, Wadebridge PL27 7DA
- Wadebridge Tesco, West Hill, Wadebridge PL27 7HW
- Wadebridge Lidl, Eddystone Road, Wadebridge PL27 7AL
- Bodmin Asda Launceston Road, Bodmin PL31 2AR
- Bodmin Sainsbury's Dennison Rd, Bodmin PL31 2SS
- Bodmin Lidl, Priory Road, Bodmin, PL31 2AA
- Bodmin Morrisons, Priory Road, Bodmin PL31 2ST
- Padstow Tesco, Sarahs Lane, Padstow PL28 8EL

Details for financial donations

If you wish to make a monetary donation, please do so via:

www.wadebridgefoodbank.org/give-help/donate-money

Christmas 2020

This month, we're gearing up for Christmas, and will be prepping hundreds of Christmas boxes to help local people in crisis need celebrate the festive season with dignity and hope. If you'd like to help, you can donate here: <https://www.give.net/20297446> Alternatively, we are looking for any donations of Christmas items for our festive food boxes, including mince pies, Christmas pudding, sweets etc.

Other

If you are a referral agency, please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

Our current office hours are; Monday-Thursday 10am-1pm - 01208 815374

www.wadebridgefoodbank.org

If you would like to volunteer, please call our Wadebridge office, between Mon-Thurs 10am-1pm - 01208 815374