

## Deprivation of Liberty Safeguards

Long words – important subject!

The Deprivation of Liberty Safeguards (DOLS) section of the Mental Capacity Act came into force in April 2009, and is an important piece of law which protects adults lacking the capacity to protect themselves.

Sometimes a person must be protected by restricting their freedom – for example using bed rails to prevent a person from falling out of bed. But if the bed rails are being used to prevent a person endlessly wandering off because the staff are fed up of endlessly fetching them, that's a different matter. DOLS looks at what is reasonable restriction.

It applies to people in hospitals and registered care homes, and in Cornwall a single team is responsible for overseeing both sides of this. Paul Wilkins, DOLS lead, works for Cornwall Council and the NHS and handles applications for deprivation of liberty, applying safeguards and helping colleagues to work through the process and decision making.

In many cases a single restraint is not deprivation of liberty. Or even multiple restrictions for a short period (eg someone who is undergoing drug rehab who needs sedation, close monitoring and restriction on visitors for a week while they get clean). However multiple restrictions over a prolonged period of time would need to be examined, to establish whether they were in fact in the individual's best interests, and no other alternative was available.

It is a difficult area, and Paul Wilkins is happy to talk through situations with colleagues to see whether they come under DOLS, and what should be done. He delivers regular training, which is available free of charge to all NHS, ACS and care sector staff who work in settings where DOLS may occur.

Paul Wilkins (see So Who Is... for more about Paul)

There are still places on forthcoming DOLS training:

Date	Time	Venue
Tues 23rd Mar	9.30-12.30	Trickys, Redruth
Weds 31st Mar	1.30-4.30	Epiphany House, Truro
Thur 15th Apr	9.30-12.30	Lescudjack Centre, Penzance
Tue 27th Apr	1.30-4.30	Hub Club, Redruth
Thur 6th May	1.30-4.30	Trethorne Leisure Farm, Launceston
Mon 17th May	1.30-4.30	Newquay Sports Centre
Tue 25th May	1.30-4.30	MK Training, Bodmin

The aims of the DOLS training are to help trainees increase awareness of issues relating to deprivation of liberty, and to gain a clear understanding of the Deprivation of Liberty Safeguarding system in Cornwall and when it may impact on their practice.

The training is aimed at managers and deputies of residential care homes and hospital wards and departments who may be required to make an application to deprive someone of their liberty. It is also for and health and social care staff who may be required to co-ordinate admissions to hospital or residential care.

If you are interested, please contact Laura Royle for more information on **01872 323 187** or **lroyle@cornwall.gov.uk**

## Stress awareness workshop

Are you experiencing any of the following:-

- Increased anxiety?
- Problems sleeping?
- Tight-chested and short of breath?
- Increasing dependency on alcohol?
- Feelings of being unable to cope?

These may be symptoms of increased levels of stress. We are running a half day workshop to look at the following:-

- Signs and symptoms of stress
- Possible contributory factors to increased stress levels
- Tips and techniques for managing stress

For a brief summary of the training course, see Kevren edition from 9th October 2009.

To reserve a place, contact Lisa Lepley on **01872 323 625** or **llepley@cornwall.gov.uk**

Date	Time	Venue
26th Apr	9.30am – 1.00pm	Lescudjack Centre, Penzance
28th Jun	9.30am – 1.00pm	Lescudjack Centre, Penzance
27th Sept	9.30am – 1.00pm	MK Training, Bodmin
10th Nov	9.30am – 1.00pm	Lowena, Truro
24th Jan 2011	9.30am – 1.00pm	MK Training, Bodmin
7th Mar 2011	9.30am – 1.00pm	Chacewater Village Hall

## Trusteeship and governance in Voluntary Sector

Adult Care and Support, with Cornwall Rural Community Council (CRCC), have secured funding in partnership with Plymouth University to deliver a Short Knowledge Transfer Partnership (SKTP) project aimed at developing trustees the voluntary sector with supporting robust governance

The SKTP Associate and Service Improvement Officer (Projects), Ben Donovan, will undertake a Learning Needs Analysis (LNA) of voluntary organisations in the adult social care sector. The evidence from the LNA will inform the development and support of the voluntary sector in responding to the Personalisation Agenda. This aims to increase choice and control for people who need social care and the voluntary sector is vital in this respect.

Cornwall Council's cabinet member for adult care, Armand Toms, said "This is good news for the county

and is about the Council working with the voluntary and independent sector to deliver outcomes for the people of Cornwall within the new agenda of personalisation.

"With people having more choice and control the Council is keen to ensure that the voluntary and independent sector become an integral part in the provision of support for people in the community."

Ben will be starting work in April to deliver this project. He will be employed for 40 weeks and will hopefully be featured in a forthcoming edition of Kevren, so that you recognise him when he contacts you!

In the meantime please contact Sam Barnett for more information on **01872 322320** or **sbarnett@cornwall.gov.uk**



### David Gwyther leaving the Council

"I have enjoyed my time working in Cornwall and I hope I have contributed positively to some of the changes which have taken place along the way. The new and strengthened senior management

team has the benefit of an able and enthusiastic group of managers and many innovative and committed staff.

Although there remains much to do there is now a real sense of strategic direction which bodes well for the future. I will watch with interest from my deckchair or wherever I end up working next and wish you all well."

## DLT - Kim Carey



Looking back over the year that I've been in post it's easy to see why we've all been working so hard. We have achieved a huge amount in that time and I am really grateful for all the effort that people have put in to move things forward.

We now have a plan to help us improve the services we provide and to help us focus on the things that really matter. We also have a budget that puts us in a very good position to respond to the increased demand that we expect from our population.

We almost have the senior team in place, with our last Head of Service joining us shortly. Interviews have taken place for the Senior Managers and for Team Managers and whilst we have a few gaps to fill, I am confident we will have the extended management team in place shortly. We will then be very well placed to move forward and to build on the progress we have made so far. We really need to concentrate on evidencing our improvement and building the confidence of people who use the service, the public and our inspectors.

A number of people will be leaving us over the next few weeks and I want to extend a huge thank you to all of them for the hard work and energy they have put in during the time they have worked for us.

A particular thank you goes to David Gwyther, Peter Ayre and Karen Robinson who will be finishing with us at the end of March. I wish you all well in the future and look forward to you seeing Cornwall Adult Care & Support positioned where it rightly deserves to be – at the top!

Kim Carey

## Single issue panel – day services

Councillors are looking at the plans to develop and change day services and want to hear the views and ideas of people who use services and of family carers. If you work with, or are carer for, anyone who uses these services, make sure that their voice, and their carers' voices are heard.

More information about the Panel, including the Membership, can be found at [www.cornwall.gov.uk/default.aspx?page=22612](http://www.cornwall.gov.uk/default.aspx?page=22612)

The purpose of the panel is:

1. To review current proposals for learning disability modernisation
2. To identify best practice and assess alternative models of provision including the 'Hub Model'/ Centres of Excellence.
3. To conduct an outcomes based cost benefit analysis on different models to ensure best value both to users of the service and the council
4. To compare the council's proposals against the assessed needs of service users and carers
5. To examine the consultation process to date through engagement with users, carers, advocates and relevant stakeholders.
6. To provide advice to the Council on the appropriateness of proposals and to make recommendations.

These are the dates that the Panel will meet:

- Friday 26 March at 10.00 am in Room 233, County Hall, Truro;
- Thursday 22 April at 9.30 am in Grenville Room, County Hall, Truro.

These are open meetings and people are welcome to attend and also to send in any information or ideas that they have.



### Charles Whaley Retiring

Charles Whaley is retiring after 31 years service to Cornwall.

He joined in January 1979 as a social worker in the Liskeard office and has subsequently worked right across Cornwall, running operational teams or managing projects.

He has been based at Old County Hall for the last 9 years, but has maintained his social work credentials by being part of the out of hours service and indeed managing that service. Charles has had strong links with health and corporate colleagues, as well as throughout the directorate.

He will be pleased to give up the commuting from his home in Liskeard to Old County Hall each day, but will miss the variety of his work and the friendships he has made throughout the years.

He is looking forward to spending more time with family and friends, especially his two young granddaughters, Summer and Scarlet.

He also plans to disrupt the European Fishing quotas by spending more time sea fishing from a boat moored in Looe and fly fishing at Siblyback Lake.

Charles sends his best wishes to everyone.

## So who is...?

Paul Wilkins -  
Deprivation of  
Liberty Safeguards  
Lead



### Career with council

I began working for the Council 3 years ago on secondment from Cornwall Partnership Trust. The 18 month post was established to promote knowledge and understanding of the, then new, Mental Capacity Act.

### Likes about work

Every day presents a set of new challenges requiring a problem solving approach. I get the opportunity to communicate with a variety of people to enable them to apply the principles of the Mental Capacity Act. The reward is the satisfaction of knowing that I am making a positive contribution to the promotion of the human rights of vulnerable people in Cornwall.

### Dislikes about work

I do get frustrated when people don't communicate with each other effectively and when delays are caused by inactivity.

### Outside work

I am married with 2 children and we have recently acquired our first ever pet dog. My children both play football so I spend most weekends watching their matches. I love cider, red wine and sitting in the sunshine. The beach is the one of the best things about being in Cornwall and I love going in the sea (wetsuit required!)

### 3 words

Worrier, funny (sometimes!), principled

### Contact

Telephone: **01872 322 289**  
email: **[pwilkins@cornwall.gov.uk](mailto:pwilkins@cornwall.gov.uk)**

## Movers and shakers

- Sarah Oldrey is Asst Service Improvement Officer at OCH from 1st March
- Natasha Tripp and Laura Berryman are Home Carers in Kerrier from 8th March
- Christine Hutchins is a Home Carer in St Austell from 27th Feb

## Vacancies

This is a brief summary of the current vacancies in Adult Care and Support:

### \* Next Stop Worker

Supporting People Team, Truro, Grade G, f/t, temp, Ref 1342

### \* Healthier Homes Healthier Lives Worker

Supporting People Team, Truro, Grade G, f/t, temp, Ref 1341

### \* Office Manager (Projects) x2 posts

Grade J, f/t, 12-21 months, Refs 1274, 1273

### \* Driver

John Daniel Centre, Penzance, Grade D, 20 hrs per week, Pprm, Ref 1155

### Support Brokers

Penzance, St Austell and Liskeard, Grade G, f/t, perm, ref 1161

### \* Administration Officer

Central Home Care Admin Team, OCH, Truro, Grade H, f/t, perm, Ref 1157

### \* Progress Chaser x2

Housing Section, Integrated Therapy Service. Perm, 6hrs/week Restormel, 7.5 hrs/week Carrick. Grade G, Ref 1333

### Champion for a Safe Place x3,

3 hrs/week, temp, £minimum wage, ref 1343

Please see [www.cornwall.gov.uk](http://www.cornwall.gov.uk) for full details.

Vacancies marked with \* are for Cornwall Council employees in the first instance.

This news sheet has been produced by Hannah Danson. If you have any queries or comments, or any ideas for future articles for Kevren, please contact Hannah on **01872 323 661** or write to her at rm 723, Old County Hall, Truro, TR1 1AY or e-mail **[kevren@cornwall.gov.uk](mailto:kevren@cornwall.gov.uk)**.

We want to ensure that your needs are met. If you would like this information in another format or language please contact Hannah.